



The **Lifeguard Training (LGT)** course provides the skills and knowledge needed to become a lifeguard in a non-surf environment. Participants who successfully complete this course will receive American Red Cross certificates in Lifeguard Training, First Aid and CPR/AED for the Professional Rescuer. This program has been updated by the American Red Cross. The new course prerequisites are a 300 yard continuous swim, timed object removal from 7-10 foot depth and you must be a minimum 15 years of age by end of class. During class participants will practice rescue skills, First Aid, and CPR with AED for adults, children and infants.

Dates and Times: The times are estimated, class might get out earlier on certain days
Friday April 15th 6 - 8pm, **Saturday April 16th** 9am - 5pm, **Sunday April 17th** 9am – 5pm
Saturday April 30th 9am – 5pm, **Sunday May 1st** 9am – 5pm

Payments: Cash Visa/MC Check - Make Payable to: Georgia Aquatic Center or “GAC”

Participant Name: _____ Age/_____
DOB: _____

Address: _____ City/State/Zip: _____

Email: _____ Phone #: _____

Parent/Legal Guardian Name (if participant under 18): _____

Emergency Contact Name: _____ Emergency Contact #: _____

Please list any medical or physical conditions we should be aware of: _____

Please list any learning disabilities we should be aware of: _____

RELEASE AND INDEMNIFICATION: There are **No Make Up** classes for missed lessons. There are **NO REFUNDS**, No Exceptions. As a participant or as the legal guardian of a participant in the Swim America program represented by this registration form, I agree to hold American Red Cross, Georgia Aquatic Center and its officers and agents free and harmless from any claim or expense that may rise due to participation in this program.

By signing below, I understand and agree to all of the terms and the above information.

Participant Signature: _____ Date: _____

Parent/Guardian Signature (participant under 18): _____ Date: _____